

FREE THETAN

Newsletter of the association of professional independent scientol ogists

Preserve, Protect & Promote

January 2016 Volume 7 Issue 1



The game of life demands that one assume a beingness in order to accomplish a doingness in the direction of havingness.

-SCIENTOLOGY: A NEW SLANT ON LIFE

FREE THETAN

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Preserve, Protect & Promote

FREE THETAN Volume 7 Issue 1 January 2016

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~000~



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Association of professional Independent Scientologist

Preserve, Protect & Promote

http://independent-scientologists-association.net







reservo, servo, proveho

Dear Reader,

As this planet continues on its way encircling the sun we now start a new year an wonder what is in store for this planet.

On the one hand there is war and misery being propagated for the purposes of power, wealth and bank dramatization. On the other hand there is a slow but inexorable movement to raise the tone of the planet above that of pain and death.

Our contribution to the cause may seem small sometimes but it is no less effective. Every time one disseminates theta or some basic aspect of scientology one is contributing to raising the tone level of the planet.

The rocks of earth in a waterfall were not worn down by anything other than water slowly and persistently dripping or cascading onto the rocks below. It is this type of persistence that demonstrates senior survival and if there is something we can certainly do it is demonstrate senior survival!

Until next time	
Much arc,	
Michael Moore Editor	
	~000000~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not yette Ron Hubbard is the most vital moveappear to be following these aims fully. Therefore ment on Earth today. In a troubled world, it behooves us to take some responsibility and set the job of promoting and applying this out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and ap- As Ron says: plication of the technology to the point where people can live their lives in peace "Man suspects all offers of help. He has and security and without war or insanity often been betrayed, his confidence shatand where they can honestly flourish and tered. Too frequently he has given his prosper and attain higher levels of spiritu-trust and been betrayed. We may err, for al being.

APIS is non political in nature and wel- long as you are one of us. comes any individual of any creed, race or nation.

APIS does not seek revolution. APIS And may a new day dawn for you, for seeks only to assist in paving the way for those you love and for man. evolution to higher states of being for the individual and for society. After endless Our aims are simple, if great. millennia of ignorance about himself, his mind and the universe, a breakthrough And we will succeed, and are succeeding has been made for man by Lafayette Ron at each new revolution of the Earth. Hubbard with the philosophy and the technology he developed to free man Your help is acceptable to us. from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand 'The Aims of Scientology' -- Lafayette Ron years of thinking men, distilled and ampli- Hubbard fied by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafatechnology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

we build a world with broken straws. But we will never betray your faith in us so

The sun never sets on Scientology.

Our help is yours."

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See <u>Certification</u> for further details. They have passed stringent testing by senior technically qualified people as per the <u>certification</u> process.

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more. standardtechauditor@yahoo.ca

USA

South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

Karendelac@gmail.com

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

Trey Lotztrey@relaypoint.net

Ian Waxler Class VIII C/S with Honors Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith 123@yahoo.com

Silvia Llorens

All Standard Bridge

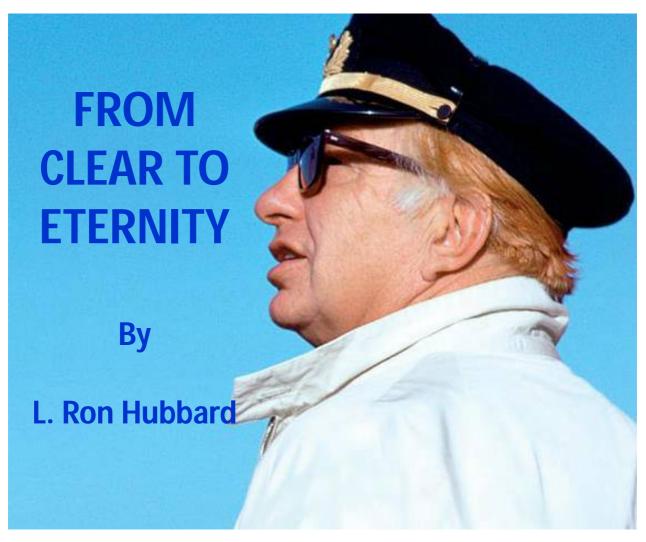
sllorens71@gmail.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX Delivers: Internships, apprenticeships and Okay-to-Audits Class V

Ken Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the <u>auditors page</u>. APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.



As I continue to research; I never cease to be amazed at the amount of gain potentially available to an individual.

There are six rough divisions of case gain.

- 1. From raw public to a realization Scientology works and should be continued.
- 2. The realization that, through his auditing, one will not get any worse an arrested decline.
- 3. The whole band of gains we call the lower Grades. The very least of these gains (and there are many by pc testimony), is stated to

exceed by far any advance in personal gain ever before achieved in any former practice known. (A simple flying of ruds can get more gain than ten years of psychoanalysis!)

- 4. The band that achieves in a final burst of glory and freedom, the state of Clear.
- 5. The pre-OT levels, leading to personal spiritual freedom. These carry up through all NOTs, audited and Solo. What is amazing here is that each one of these levels, according to rave reports, has, each one, its own spectacular level of gain.
- 6. The actual OT levels beginning now with

New OT VIII and going on up.

According to the spiritual research records and pre-OT and OT reports, the AMOUNT of gain available to one person is never really conceived, in an aberrated state, to potentially exist above him.

It is a never-ending source of wonder to people, going truly on this route, that there could be such QUANTITY of gain available to one being.

Thus in an aberrated state, the person is not likely to turn his eyes up very high and still keep a reality on it.

In the age of speed, people may conceive it all should happen in a minute. Or maybe a minute and a half. Or as the result of a needle jab which will make them free forever.

Alas this universe isn't built that way.

This universe is based on QUANTITY. There's an awful lot of it.

The number of electrons in an atom, the number of atoms in a molecule, the number of molecules in a drop of water is awesome arithmetic.

The number of planets in systems, the number of suns in a galaxy, the number of galaxies add up to mind-boggling figures

TIME, on this very short-lived and hectic planet, is hardly conceived of at all. Just recently geologists concluded that Man might have been here for a million years. HAH! Little do they know!

The age of this and other universes is very, very long. It is not eternity but almost.

So, without getting into questions as to how long you've been around (the brain theory boys might object since they are TERRIFIED of spirits) let's ask this question:

If a being had half an eternity to louse himself up, how loused up could he get?

Right. Go to the head of the class. Plenty!

And you now can get an inkling of how much spiritual gain might be available. And this could explain why, at each one of the six levels, there are so many new gains according to testimonies collected.

All right. Got that? Good.

We now come to the next question, since one and all are being very bright this morning.

If it took a being half an eternity to louse himself up, how long would it take to unlouse him?

Now before your mouth turns down at both sides and before you collapse with apathy considering it, let's look at the miracle of Dianetics and Scientology.

It doesn't take half an eternity. It doesn't take millennia - though this could be reasonably expected. It doesn't take centuries. It only takes years.

That's right. Years.

The above six rough divisions of gains are sort of an expanding scale.

The first one could take, with an intro or assist, maybe half an hour plus a few evenings reading books.

The next level (consisting of formal auditing and Purif), possibly could take a week or two.

The third level, consisting of the lower Grades and more books could, due to scheduling of time and all that, consume a month.

The fourth level, depending on the case, might take a bit longer. But it can result in Clear.

The fifth band now begins to really lengthen. To become a Solo Auditor and go up through the levels to OT III could take months. And through OT III can stretch out considerably. And then audited NOTs and Solo NOTs really adds time on. The gains of each point of progress can make, according to reports of pcs, progress at the lower end look like inches. Yet the lowest of these bands is above any progress Man has made before.

Now when we get to band six, get ready for a long haul. It won't happen in a minute.

So what we're looking at here is time proportional to reported gain.

Once one has gone Clear and gets to Solo, one has to plan one's time to each day put his auditing time In and just keep at it.

Some balk when they have gone a week. Life looks too interesting. Or they bog and are "too busy" to get a repair to get them going again. They are, after all, moving at a much faster pace personally - their interests may have multiplied.

But if they will just keep at it and make the arrangements necessary to be able to do it, according to the rave reports, it is very worthwhile.

So what is one really looking at? The higher the level, the longer the time - because one is handling a higher band of potential gain.

And what is one rising to, after all?

One is rising to eternity.

You think time is behind you? Have another thought. Look AHEAD. There's eternity!

And you'll be in it.

You'll be in it in a good state or a bad one. Really, I'm sorry to have to tell you, there's no choice. One may be able to step off the planet. One isn't going to step off life.

In this time and in this place - for possibly just a little while, we have this chance. To go free and to make it. Planets and cultures are frail things. They do not endure.

I cannot promise you that you will make it. I can only provide the knowledge and give you your chance.

The rest is up to you.

I strongly advise you work hard at it - don't waste this brief breath in eternity.

For that is your future - ETERNITY.

It will be good for you or bad.

And for you, my dearest friend, I've done what I could to make it good for you.

L. RON HUBBARD FOUNDER

Quote from L. Ron Hubbard

THE CODE OF HONOUR

- 1. Never desert a comrade in need, in danger or in trouble.
- 2. Never withdraw allegiance once granted.
- 3. Never desert a group to which you owe your support.
- 4. Never disparage yourself or minimize your strength or power.
- 5. Never need praise, approval or sympathy.
- 6. Never compromise with your own reality.
- 7. Never permit your affinity to be alloyed.
- 8. Do not give or receive communication unless you yourself desire it.
- 9. Your self-determinism and your honour are more important than your immediate life.
- 10. Your integrity to yourself is more important than your body.
- 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
- 12. Never fear to hurt another in a just cause.
- 13. Don't desire to be liked or admired.
- 14. Be your own adviser, keep your own counsel and select your own decisions.
- 15. Be true to your own goals.



EXCHANGE

So many tricks have been entered into economic systems, and so many political fixations exist that a manager is often very hardpressed trying to bring about solvency for his activity.

Money can be manipulated in a thousand different ways.

There are "speculators" who seek to buy something (like land) cheaply and sell it dear. Or sell it dear, depress the market and buy it back cheaply. In either case they make a profit.

It is less well understood that "speculators" also operate on the subject of money itself. By manipulating the value of one currency against another they seek to obtain a profit. This is the "international banker" at his daily work. He buys a hundred billion French francs

for X dollars. Then he causes a panic about dollars. The franc gets very valuable. He sells his hundred billion French francs for 2X dollars. Then he says dollars are great. He has "made" a huge new lot of dollars for himself.

Or he finds a crummy politician like Hitler, builds him a war machine, gets paid back out of the plunder of Europe before Hitler collapses.

The banker loans George Manager 100,000 to modernize his plant. George wanted 200,000. But he takes the 100,000. The banker holds the whole plant as security. George doesn't make it as it really took 200,000 to do it. He goes broke. The banker grabs the 5,000,000 plant. This includes the 100,000 now spent on new machines. The banker sells it to a pal for 2,500,000 and makes that sum on his "loan."

The shareholders of Bide-a-wee Biscuit are told Bide-a-wee is busted. The stock falls. A group buys the stock up for peanuts, emerges as the owners of Bide-a-wee which turns out not to be busted.

All these and a thousand thousand other systems for making money, indulged in too often, spoil CONFIDENCE and destroy money.

Eventually a whole religion like communism will grow up dedicated only to the destruction of capitalism.

What has been dropped out is the idea of EXCHANGE.

Money has to represent something because it is not anything in itself but an idea backed by confidence. It can represent gold or beans or

hours of work or most anything as long as the thing it represents is real. Whatever it represents, the item must be exchangeable.

If money represents gold, then gold must be exchangeable. To prove this, the moment gold couldn't be individually owned, the dollar, based on it, became much less valuable. here has to be enough of the thing that money represents. By making the thing scarce, money can be manipulated and prices sent soaring. Economics by reason of various manipulations can be made into the most effective trap of the modern slave master.

Periodically through history, not just in current times, monied classes or those believed to control money have been torn to bits, shot, stoned, burned and smashed. The ancient pharaohs of Egypt periodically lost their country through tax abuses. Money, in short, is a passionate subject.

Modernly, the lid is coming off the economic pot which is at a high boil.

Too many speculators, too many dishonest men generating too much hate, too many tax abuses, too many propagandists shouting down money, too many fools, all add up to an explosive economic atmosphere.

A group has to be very clever to survive such a period. Their economic arrangements and policies must be fantastically wise, well established and followed.

As it exists at this writing, the only real crime in the West is for a group to be without money.

That finishes it. But with enough money it can defend itself and expand.

Yet if you borrow money you become the property of bankers. If you make money you become the target of tax collectors.

But if you don't have it, the group dies under the hammer of bankruptcy and worse.

So we always make it the first condition of a



on its own efforts.

The key to such prosperity is exchange.

One exchanges something valuable for something valuable.

Processing and training are valuable. Done well, they are priceless.

In many ways an exchange can occur. Currently it is done with money.

In our case processing and training are the substances we exchange for the materials of survival.

To exchange something, one must find or create a demand.

He must then supply the demand in EX-CHANGE for the things the group needs. If that is understood, then at once it is seen that (a) a group can't just process or train its own members; and (b) a group cannot give its services away for nothing; and (c) the services must be valuable to those receiving them; (d) that the demand must be established by surveys and created on the basis of what is found; and (e) that continual public contact must be maintained.

Thus, by bringing the problems of viability down to the rock-bottom basics of exchange, one can cut through all the fog about economics and money and be practical and effective.

If one is living in a money economy, then bills are solved by having far more than "enough money" and not spending it foolishly. One

group to make its own way and be prosperous gets far more than "enough money" by understanding the principles of EXCHANGE and applying them.

> In another type of economy such as a socialist state, the principles still work.

> The principles of exchange work continuously. It does not go high and collapse as in speculation or demanding money but failing to deliver. Or delivering and not demanding money.

> We see around us examples that seem to violate these principles. But they are nervous and temporary.

> What people or governments regard as a valuable service is sometimes incredible and what they will overlook as valuable is also incredible. This is why one has to use surveys-to find out what people want that you can deliver. Unless this is established, then you find yourself in an exchange blockage. You can guess, but until you actually find out, you can do very little about it.

> Once you discover what people want that you can deliver, you can go about increasing the demand or widening it or making it more valuable, using standard public relations, advertising and merchandizing techniques.

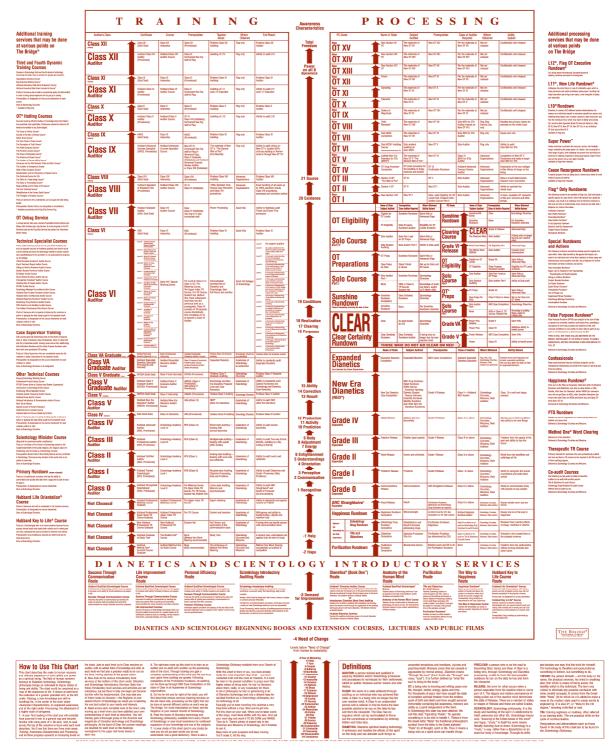
The fundamental is to realize that EXCHANGE is the basic problem.

Then and only then can one go about solving it.

Quote from the Management Series. Copyright 1971 by L. Ron Hubbard

THE BRIDGE TO TOTAL FREEDOM

SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES





Wins and successes in the Scientology **Independent Field**

Training Successes

Level IV

I have anticipated studying Level IV for a long time as the topic of how and why people make better than this! But this is what I say after themselves right and others wrong (service facsimiles) to their and other's detriment and how to uncover and handle such case so that one doesn't react unthinkingly to life due to his past computations. I'm very much looking forward to doing a lot of auditing on this level as it puts the pc into a self-determined state and allows him/her the stability to reach for clear.

Auditing Successes

ARC S/W Release:

"Today I have realized that I occupy the whole space of my entire universe. There is no spot where I don't exist fully aware and absolutely happy. The universe is an awesome space! I feel I can reach to anywhere I can imagine, that I am being there, here, and everywhere in know as well as those I don't and even myself,

between, that I have always been and will always be. It seems this is the best feeling in the whole universe - hard to think of anything every cycle of auditing! Lol. I wish everybody would experience this - it is simply too good to afford to not experience! Kudos to

Just completed my Straightwire Grade and I couldn't feel better. I feel more at cause and self-determined than I have in years. My memory is better; I feel sharper and more in PT. Although it sometimes annoys my 2D when my newly regained self-determinism cause me to "flex my independent muscles" it is due in part to his efforts as my auditor that I have that ability. I am very grateful for his patience and the attentiveness as well as that of my C/S and the tech. I have had, through Straightwire, some major cognitions. I feel more in ARC with my surroundings, people I

how lovely is that! As fantastic as I feel and as great as my wins, I know from those further along than I that there are bigger wins to be had. I look forward to experiencing them.

Grade Three

I have just completed Grade 3 and I am very happy. I have had quite a few wins, realizations and cognitions and did not realize how many negative postulates I had made against myself until I had completed this grade. I am now more able to face the future and life because of it and have a better attitude towards life.

TECH outside COS: Original OT levels

I completed these OT Levels this last week. These are the original OT levels and were delivered until (1982) when Miscavige pulled them off of the bridge as they were a threat to him. I cannot stress how liberating 4,5, and 6 are. They are short levels and really just show you the abilities you have regained. I hope with all my heart you get to these levels very, very, soon. They are exactly what you are looking for. These levels were quite short for me mainly because of of the great setups I had prior and being a past lifer with a lot of ACC auditing under my belt from then.

Original OT IV

I feel, and am proofed up as a Being doing the original OT IV. Having NO drug history helps! After all the dealing with other's cases on OT II and III it was a relief to have some polish on me as a Being. It was a huge amount of fun and anyone who says there isn't other's cases to handle beside yours doesn't have any idea what really goes on, it's there. And I'm ready to eradicate it after this wonderful level.

Original OT V

I've done OT V – the original today. I cannot convey the change, in words, to my abilities,

in, and most especially outside of the body. It is like driving an old clunker car and the sitting in or shall I say sitting out of a Lamborghini sports car as far as exterior abilities. Un-befricking-lievable! The ability to perceive, be in or out of objects, spaces, time, to sense the state of beings and too many other things to list are realized on this level. What an acknowledgment of what Theta really is!!! I can see the postulates of others from long ago and sense their purpose even in the persistent creation or even something as shortlived as a one time flow. It is obvious why the Church no longer delivers this level. Why? Because you are now AWARE and DO KNOW and CAN CREATE, PERCEIVE and VIEW AS A TRUE THETAN and be others views as well. What a threat to suppression! LOL. I really enjoyed this level (grade) it is a must do for any Pre-OT. Thank you to LRH for this returning of my ability.

Original OT VI

I am very humbled by this level and what it acknowledges in my universe. I first touched on the abilities possible on this level in 1956, last lifetime. (If we only knew then what level we were actually on!) I am amazed at it's simplicity in pointing out how to use OT abilities. No space is too wide, no comm line unreachable. There is no such thing since the laws of the physical universe don't apply. Be they time, distance, or someone you haven't known in lifetimes, you can still get in touch. True OT abilities are made available and you will demonstrate them to yourself. They are not stuff of legend or fantasy. You must do this level and we will be OT as a group. If you think OT abilities are fake, you just aren't there, just yet. {Keep going, it won't be long!} Thank you to Ron and my C/S for this wonderful state and abilities! Now on to Audited NOTS!

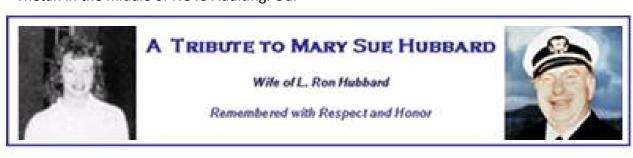
NOTS assist cycle

When it comes to operating bodies it is truly amazing what mechanisms a Thetan sets up over the course of Trillions of years to do the job for him. Probably workable at first then the foolish Thetan forgets or pretends to forget that he was the originator of the mechanism. Time passes as time does and the mechanism continues to work and we eventually find our Thetan with a recurring problem that doesn't match present time, in fact it doesn't make any since at all. So our stupid Thetan starts assigned other reasons or significances so he makes new mechanisms to handle along with assigning other untrue significance to it all and of course not being responsible he forgets it all and as it usually does more time pass. Then one day in this life time, when the condition is right, the time is right, the original mechanism kicks in and it is time for the body to die. Now this is not one of those heavy dramatic life threatening medical conditions I'm talking about, it was just the Flu. Ya when ever I got the flue I always felt like I was going to die but this was very different now, I could see the mass and I knew to a slight degree what it was all about. After originating the condition to my Auditor which he promptly got the data off to our C/S, he then proceeded to nicely chew my ass for doing something out of session that should only be done in session, which in my book was a very correct action. Curiosity may kill a cat but curiosity about a mass out of session will defiantly screw up a Thetan in the middle of NOTS Auditing. Our

c/s was again so spot on and Roy ran me straight and true and the condition and the mechanism I set up on all the previous bodies blew. Interesting stuff this NOTS auditing is, it takes you right back to Axiom 1, 2 and 3.

NOTs PreOT

Remember those "old fashioned" TVs with the rabbit-ear antennas? If you turned on an appliance in the kitchen, the picture would get badly distorted. Turn off the appliance and the picture/sound cleared up. Such has been my experience on NOTs. A lot of noise and interference has disappeared. I'd say that most of it has gone, but sometimes you don't realize a noise until it's silenced. So, I'll leave the degree-of-silence evaluation for another time. The fact is I'm noticing that more of my thoughts happen now when I want them to happen...less noise, more my thoughts. So I guess, in general, it's less thought and more me being me. From an OT perspective, there's less forces and confusions pulling me this way and that. This allows me to create my day and life with less counter-intentions. Nice. How do I feel? Much less mass in my awareness, lighter. Like Clear times a hundred. The body has a wonderful not-there-ness. I've mentioned before how 20 years of back pain have melted. Even that has gotten better. Amazing! NOTs is the real deal! There's nothing better. Nothing faster. The highest tech on the planet for your spiritual advancement.



Making an OT

by L Ron Hubbard

A big point in making an Operating Thetan is the rehabilitation of a thetan's primary desire in the MEST Universe. If you can't rehabilitate that he will be unwilling to leave a body and operate. He will continue to stay in immediate and intimate contact with bodies.

In other words, if you just spring somebody out of his head and don't do anything else about it, he's going to go back in. That's why it's a cruelty to do it, because one point won't have been solved.

What is that point? It's sensation, need for. A better part of handling this point is to educate a thetan regarding what he once could do and prepare him to do that again; to demonstrate to him that he as a thetan can contact directly from the environment any sensation much better than the environment might possibly deliver to a body.

A thetan can do that.

For example, a thetan who's not in a body, or using a body in any way, can still contact from his environment and experience any sensation that a body can contact and experience, or that can be gained from bodies.

Of course, at that moment he would be willing to give up the idea of a body. And until he has realized that, he will not leave a body alone but will keep hanging around and diving downscale and going back into his head and out of his head and around and around. This is handled by rehabilitating his own ability. The MEST body can only contact, at the outerto perceive. This is not too difficult because the thetan has the only ability to perceive there is. He thinks he has to do it through the body. He's so accustomed to this and so certain of it that you have to demonstrate to him

the thetan's ability to perceive directly in the environment; that it can be possible for him to capture, experience and create sensations. So this becomes very simple, really. What do you do? You get him upscale to a point where he can feel a wall. Of course, he can feel a wall much better with his own contact with the wall than he can with his body's fingers as a body. In other words, he can feel the wall straight and he doesn't need any fingers to contact that wall. He can feel the size of, shape of and weight of objects without any interposition of a MEST body's fingers or muscular reflexes. He can see anything that he can see with a body and be as certain that he is seeing it as with a body.

But it's secondary, for instance, that he is able to contact ordinary things. What you want him to be able to contact are things which are strong, exciting, interesting and complex sensations. He must know that it is possible for him to, one, contact them in the MEST environment, and two, create them and contact them himself - both without a body. Now that sounds like quite a trick. But the reason it sounds like quite a trick is that is the trick. You have to be able to do that. If you could realize how completely the thetan is dependent upon sensation for conviction that he is still alive, you would realize that what you are rehabilitating is the only reward he has for living - the beautiful sights, the beautiful sounds, the beautiful tactiles. Actually a thetan has thousands of different perceptions. I don't think you could list all these perceptions. It would just go on and on.

most extreme about fifty five. That is almost forty more than are commonly listed in textbooks which have, laughingly, dealt with this subject. I don't know why they didn't just sit down and categorize the number of things in the environment there were to contact and then go and ask somebody if he could sense them. But they didn't do that. Instead they made up a theory and never tested it. Therefore, the rehabilitation of sensation is

very necessary because need for, desire for, sensation is the only thing which keeps him in the vicinity of a body; that plus the continued belief, confirmed by what is apparently quite real experience, if not actual experience, that only the body can deliver unto him these sensations.

As a result, when he is a Theta Clear he has to go up to the level of Operating Thetan. That consists primarily of the rehabilitation of sensation, perception of. It also depends on two on three other little things that you might miss in passing.

Before I go into a much lengthier dissertation on this, I'm just going to describe these things because they're quite important.

A Theta Clear is still in a state where his memory does not immediately confirm to him any duration of beingness as a thetan. He is in a state in which he does not evaluate himself as a personality. He sees himself as an identity with the body. Everybody who comes along has given the body a name and has given the body credit for everything. He has been designated with relationship to the body so consistently that, amazingly enough, a thetan moves out and leaves the personality in the body! For example, you've got a person who is quite convinced he is a Theta Clear. For what does he use these skills and talents and this freedom - to experiment with or to fool around with or see how curious it is? He doesn't use that state as a state of being alive, as a state which has a personality he will ever have. So he leaves the personality behind. He thinks he has to be in some peculiar frame of mind or that he's sort of an automation. Outside his head he thinks he's a mechanical object or

he's a spark or something. He just hasn't come up to the point where he's grasped this. But grasping that simple detail is quite important. As a result he has no evaluation of his own capabilities and, much more importantly than just evaluation, he has no appreciation of himself. He doesn't have appreciation of himself just directly as himself. He doesn't say, "Now I have moved out of this body, I can be happy, I can sing, I can dance. I can do all of these things." Rather he says, "The body can be happy, the body can be sad, the body can sing, the body can dance. And I can sit back and look at it."

He is sort of like a spectator in the stadium. It really doesn't occur to him that the body can't sing and dance unless he handles it like a puppet. Instead, he's set it up on automaticities so it will sing and dance.

Why does the body sing and dance? Why does the body express joy or anything else? It's because the thetan likes to sing and dance and express joy. It's very simple.

So he's done a sub-zero awareness differentiation when he should have done an identification. He should have picked up his own capabilities right with him at the moment he moved out.

You can do a very graceful dance between the moon and Venus. There's lots of space. It's a big ballroom. If you can't make space, the whole MEST universe is full of it. Even "solid matter" is mainly space.

Thus, where you have a person who has no appreciation of himself, you also find that he hasn't any concept of the fact that he is joy, that he is a higher level of aesthetic than a body could ever be; that he can, in his own interest, take a larger and more effective role in the affairs and concerns of being alive than a body ever could.

What does he do for randomity in a body? He goes to the office; he goes home. Or if he has

money he would go out on the polo field or the flying field or something of this sort and amuse himself in a plane. And in order to account to himself and settle his own accounts that he was worth something, what would he do? Why he'd join the local philanthropy society or the charity, or he'd make sure that the Boy Scout Troop was running all right and so on.

When we were young we were quite enthused about helping out groups and helping people out. We soon found out that you had to be pretty strong to help anybody out. Then we found out we didn't have any time to do it because we had to work too hard to eat and all these other affairs came into the line. And we found out that, really, the only thing we could do for them was give them some advice once in a while which they didn't need, and some money which we needed. It was sort of sad.

That's what a homo sapiens does for randomity, and this thetan, as homo sapiens, also operates at this level. What? You mean this person has no purpose or goal of beingness? Here he's capable of stepping outside the economic concerns of the world, capable by his own ac-

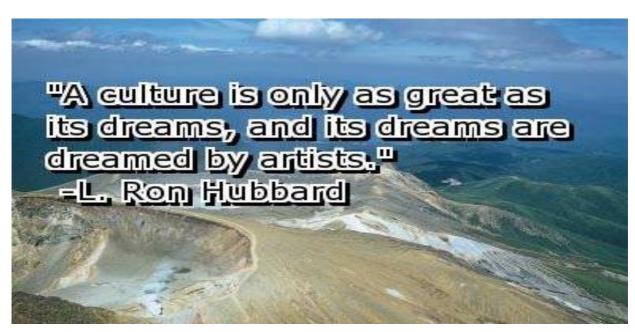
tions of becoming partisan in causes much broader than he would ever be able to touch. Man, for instance, gets enormous randomity out of who is going to be secretary for the local Lion's Club. A thetan could go out and have a fine time campaigning for some congressman. You would be amazed! He would just sort of appoint himself guardian angel to this or that or this or that cause.

Well, what's the difference? This homo sapiens was interested in helping and participating and doing all these things, and, don't forget this one, collecting MEST.

Now all of a sudden as a thetan he moves out and leaves his personality and all his interests and goals in that body, because they were all postulated for the body. And the thetan is too much of a - to be technical - golf ball to recognize that his beingness is himself.

All he has to do is suddenly wake up to the fact, "What do you know? I'm me!"

I Ron Hubbard



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Regain your ABILITY and POWER as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, an and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

Juste >

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PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you knowWhat you know is what you knowAnd to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

Of course we can talk about honor, truth, all these things, The esoteric terms.

But I think they'd all be covered very well

But I think they'd all be covered very well If what we really observed was what we observed, That we took care to observe what we were observing, That we always observed to observe.

And not necessarily maintaining a sceptical attitude, A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity And sufficient personal belief and confidence in self And courage that we can observe what we observe And say what we have observed.

Nothing in Dianetics and Scientology is true for you Unless you have observed it And it is true according to your observation.

That is all.

L. Ron Hubbard

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

- 1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
- 2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
- 3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
- 4. Get a physical examination and if anything is chronic get it cured.
- 5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



Join The Association of Professional Independent Scientologists today and make a difference to your life!

http://independent-scientologistsassociation.net

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

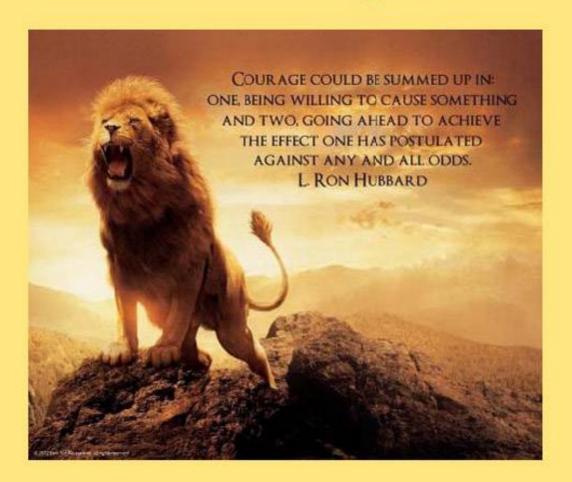
"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

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Expanded Know to Mystery Scale

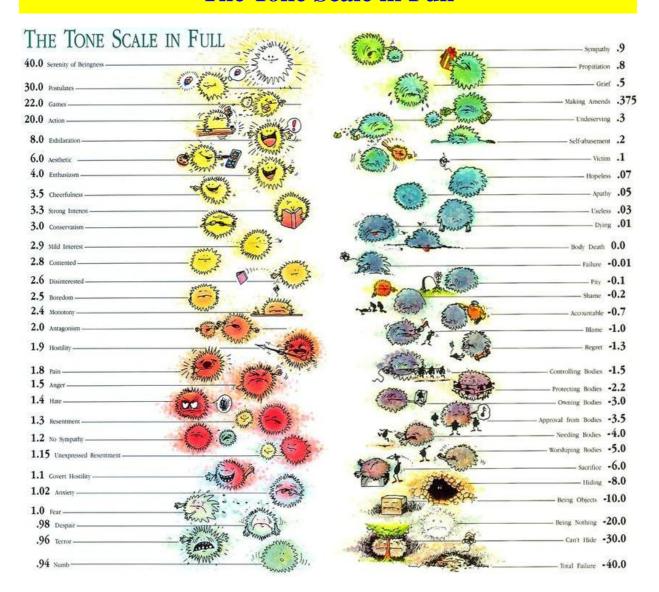
But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And be-low this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

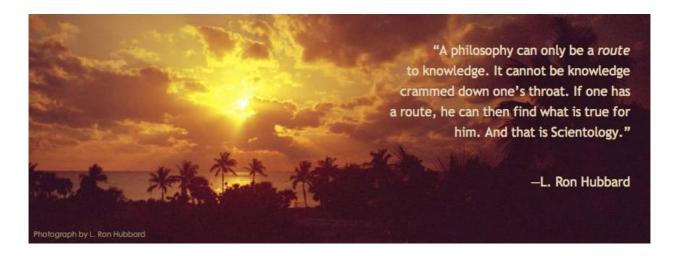
The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics



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